

Indian Hills Community College

Residence Life Covid-19 Policies and Procedures

During the COVID-19 pandemic, Indian Hills Community College (IHCC) has focused on policies and procedures to ensure our students are safe and healthy. Our goal during this pandemic is to establish procedures and protocols to support current and future needs in line with Centers for Disease Control (CDC), Iowa Department of Public Health, Wapello County Public Health, our team physician and Indian Hills Community College (IHCC), as well as continuing efforts to mitigate the transmission of COVID 19 within residence life students and across all IHCC campuses.

IHCC will follow guidance from the Centers for Disease Control (CDC), Iowa Department of Public Health, Wapello County Public Health, and local physicians. The IHCC Residence Life Department will also align with the college's return to campus guidelines.

Indian Hills Community College Residence Life Covid-19 Policy was created based on the guidelines from the following:

- CDC recommendations
- Iowa Department of Public Health Guidelines
- Wapello County Public Health
- Test Iowa Assessment Guidelines
- American College Health Association (ACHA) Guidelines: Consideration for Reopening Institutions of Higher Education in the COVID-19 Era

Prior to IHCC residents returning to campus, we have asked that all student report any COVID-19 symptoms, and delay their arrival on campus if they are experiencing any symptoms. We are prepared to work with students on move in dates if the student is experiencing any COVID-19 symptoms. We have increased safety measures and have put new policies and procedures in place to help mitigate the risk of infection and spread of COVID 19.

Prior to a student moving into a Residence Hall, IHCC Residence Life Department will ensure:

- All residence life students have a new IHCC mask, as well as disposable ones in each residence hall. Face Shields are available upon request as well.
- Screening of student prior to moving in.
- Educational information provided via email
- Testing procedure in place
- Isolation protocol in place
- Sanitization methods for facilities in place
- Education materials and instructions for Residence Life staff in place
- One masked visitor is allowed to help the student move in (or out).

Residence Hall- Student Return:

On Campus:

- **Quarantine is required when a student arrives on campus. Student will receive emails prior to arriving on campus that outlines the quarantine parameters**
- Each student and residence hall staff member will follow the daily guidelines outlined below
 - With the exception of the students own room, masks are required in all residence hall buildings.
 - Maintain social distancing at all times.
 - Comply with the rules and expectations for all lounges/common areas.
 - Students are only allowed in the building they reside in.
 - Students are not permitted to visit other residence hall buildings.
 - No visitors at any time are allowed in the residence hall buildings.
 - Students are not permitted to have guests in their room. Even if guests live in the same building. The only students allowed in the room, are those assigned to live in that space.
- Individuals who develop symptoms, or would have changes to the COVID 19 questionnaire should immediately notify the athletic trainer assigned to their sport.
 - Isolation of potential ill individual
 - Immediately given appropriate PPE {face covering}
 - IHCC Head Athletic Trainer and Team Physician will be notified of each case immediately for further medical guidance

COVID Testing

Students have access to free testing through Test Iowa. In Ottumwa, the test site is located in Wapello Hall and is available Monday – Friday from 10:00 a.m. – 11:00 a.m. In Centerville, the test site is located at the Chariton Valley Medical Center.

Students received an email with more information about testing as well as the survey link. The survey has to be done prior to getting tested. Once survey is complete, it will give the student a QR code to keep. That QR code is scanned when student arrives to test site. With any questions on the Test Iowa site or survey, please call 641-683-5152.

Illness Management

Students that report any of the following symptoms will be referred to the Student Development Department to determine the need for medical evaluation and the need for COVID-19 testing or other testing:

1. Temperature greater than 100.4 degrees Fahrenheit (38.0 degrees Celsius)
2. Cough AND Painful Swallowing
3. Shortness of Breath (SOB)
4. Rigors (severe chills causing the whole body to shiver) OR Myalgia's

5. Loss of the sense of smell and taste
6. Pulse ox % of 95-100

***Students with a pulse ox of 85% or lower will automatically be sent to the Emergency Room.**

Students with less distinctive symptoms (e.g. headache, runny nose, sinus pressure, scratchy throat, and nausea) may be evaluated by the professional staff member and referred to a local physician if warranted.

Isolation for Symptomatic or Asymptomatic Patients with POSITIVE Test

This is a CDC guideline.

Students who test positive for COVID-19 or have had direct contact with someone who tested positive for COVID-19, will be moved to the quarantine residence hall building (Wapello Hall). Daily evaluation by the Student Development staff or local physician to track fever and to monitor for signs of worsening COVID-19 symptoms that would warrant hospitalization (e.g. worsening SOB, oxygen saturations below 94% on room air, respiratory fatigue, dehydration, or altered mental status)

Strict Isolation in quarantine until the following three criteria are met:

1. If positive test- 10 days from the onset of COVID-19 symptoms
2. No fever for 72 hours without the use of medication
3. Minimal cough and no shortness of breath

Strict isolation requires staying in quarantine, which would be a separate room and having a separate bathroom from any roommates, no visitors or roommates in the room, contact-free preparation and delivery of meals to just outside the door.

We will follow the suggestions and guidelines of the local physician for return to assigned residence hall room following a positive Covid-19 test.

Quarantine for Close Contacts of a Patient with COVID-19 (Positive COVID-19 Test)

Close contact is considered to be within 6 feet of the infected patient for more than 15 minutes (within a 24 hour period). Close contacts would include: a roommate, girlfriend or boyfriend, family member with recent contact, workout partner who did not maintain social distancing, or study partner who shared the same table for more than 15 minutes (within a 24 hour period).

Anyone that has been identified to have been in close contact will be required to quarantine for 10 days from exposure, unless the exposed student tests negative on day 7. Symptoms may develop up to 7- 10 days post exposure.

Due to the variations of contact among students, administrative staff will determine further action needed based on the variables per sport.

Isolation will be determined by on campus housing policies. Students will be allowed to quarantine at home, but are expected to abide by the CDC guidance for quarantine. If the student quarantines at home, and is found to have violate the quarantine guidelines, it could extend their quarantine timeline.

If the student tests positive the roommate(s) will be quarantined for a minimum of 10 days.

Isolation for Symptomatic Patients with Classic COVID-19 Symptoms with Negative Test

This is a CDC guideline.

Classic symptoms include a fever greater than 100.4 degrees Fahrenheit AND ANY OF THE FOLLOWING: cough, shortness of breath, rigors, myalgia's, or loss of sense of smell and taste.

We will follow the guidelines from the CDC as well as the local physician in regards to isolating patients who fall in this category.

We will continue to evaluate student to track fever and to monitor for signs of worsening COVID-19 symptoms that would warrant hospitalization (e.g. worsening SOB, oxygen saturations below 94% on room air, respiratory fatigue, dehydration, or altered mental status)

Isolation for Students with Atypical Symptoms with Negative Test or Not Tested

This is an IHCC recommendation.

Telephone evaluation by the Student Development staff to track fever and monitor for worsening symptoms.

Isolation until symptom-free for 48 hours or an alternative medical diagnosis is determined.

Isolation requires staying at home/in residence hall room and not attending classes, meetings, or practice, no visitors to the residence, home cooking or contact-free food delivery, and wearing a mask if close contact with roommates cannot be avoided.

Atypical symptoms include low-grade fever below 100 degrees Fahrenheit, headache, runny nose, mild non-productive cough, sinus congestion, nausea or vomiting.

COVID-19 Residence Life Policy Violations

Indian Hills Community College takes COVID-19 very seriously. The updated COVID-19 policies will be upheld by our Student Code of Conduct. If any student violates any portion of the Student Code of Conduct (now including COVID-19 policy), they will be subject to disciplinary actions. Those disciplinary actions include, but are not limited to:

- Fines
- Community Service Hours
- Written Research Paper
- Removal from Residence Hall
- Suspension/Expulsion from Institution

Any violations of the Student Code of Conduct is handled by the Student Development Department.

Questions about the Student Code of Conduct Policy (now including COVID-19 policy) can contact the Director, Student Life, Laina Porter 641-683-5240.