



INDIANHILLS

COMMUNITY COLLEGE

Weekly Menus: August 8-14 IHCC Dining Hall – Ottumwa Campus

Monday, August 8

Lunch

Pot Roast, Clod, Red Potatoes, Carrots, Parmesan Tilapia
Fillet, Rice Pilaf, Veggies, Roll
Pizza

Dinner

Seasoned Chicken Breast, Mashed Potatoes, Veggies, Roll

Tuesday, August 9

Lunch

Grilled Cheeseburgers, jumbo All Beef Hot Dogs, Pork
Fritters, Breaded Mushrooms, Veggies, Fries

Dinner

Chicken Wings, Seasoned Rice, Veggies, Mini Tacos, Roll

Wednesday, August 10

Lunch

Manicotti, Chicken Stewers, Veggies, Baby Bakers, Breadsticks

Dinner

Chicken/Cheese/Broccoli Casserole, Mashed Potatoes, Carrots,
Roll

Thursday, August 11

Lunch

Orange Chicken, White Rice, Beef & Broccoli, LoMein, Fried Rice, Egg
Rolls, BBQ Smokies, Veggies

Dinner

Jambalaya, Greek Seasoned Chicken Breast, Rice, Veggies, Garlic Toast

Friday, August 12

Lunch

Walking Tacos

Dinner

Chicken Strips, Oven Roasted Potatoes, Veggies, Roll

Saturday, August 13

Lunch

Chef's Choice

Dinner

Chef's Choice

Sunday, August 14

Lunch

Breakfast Brunch

Dinner

Pulled Pork Sandwich, Fries, Breaded Chicken Sandwich, Veggies, Roll